



BONE AND JOINTS

AYUR-CURCUMIN (TURMERIC) Supports healthy joint and tissue function	Turmeric extract (root).....300 mg [Curcuma longa] Standardized to 95% curcumin	90 CAPSULES DOSIS: 1 capsule daily.
GLUCOSAMINE PLUS™ Important precursor for the synthesis and maintenance of connective tissues	Glucosamine Sulfate 2 KCl500 mg Glucosamine (from crab and shrimp).....294 mg Chondroitin Sulfate400 mg	90 VEGETARIAN CAPSULES DOSIS: 1 Capsule daily. SUITABLE FOR VEGANS
INFLA-GUARD® Improves joint inflammation. Protection of connective tissues	Boswellia extract.....375 mg Turmeric extract.....375 mg Devil's claw extract.....50 mg *standardized to respectively 20%, 95% and 5%	60 TABLETS DOSIS: 2 tablets daily. SUITABLE FOR VEGANS
NEW OSTEO-GUARD® + IPRIFLAVONE Supports bone health	Vitamin D-3 (1.65 mcg), Vitamin K-1 (33.3 mcg), Calcium (100 mg), Phosphorus (48 mg), Magnesium citrate (41.7 mg), Ipriflavone (100 mg), Boron (0.09 m)	120 CAPSULES DOSIS: 3 capsules daily.

SAM-e Supports the joints, the liver, neurotransmitter synthesis and methylation	S-Adenosylmethionine.....200 mg	30 VEGETARIAN CAPSULES DOSIS: 1 capsule daily between meals. SUITABLE FOR VEGANS
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ULTRA JOINT FORTE Supports the synthesis and maintenance of connective tissue. Protection of cartilage	GlucosamineHCl.....475 mg Glucosamine (from crab and shrimp).....396 mg Chondroitin Sulfate.....360 mg Methylsulfonylmethane (MSM®).....166,7 mg Astaxanthin.....0,3 mg	90 TABLETS DOSIS: 1 tablet 3 times daily.
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BETAINE PLUS Supports digestion in the stomach	Betaine.....496mg (from Betaine HCl) Pepsin140 mg	100 CAPSULES DOSIS: 1 capsule daily with meals.
BROMELAIN-5000 Supports de digestion of proteins	Bromelain5000 m.c.u.	60 CAPSULES DOSIS: 1 capsule 1 to 3 times daily with meals.
DE-MER-TOX Heavy metal detoxification/ liver function support	Vitamin B-1 (10 mg), Vitamin B-2 (5 mg), Biotin (100 mcg), Selenium (50 mcg), L-Glutathione (reduced), N-Acetyl-L-Cysteine (250 mg), Methylsulfonylmethane(MSM®) (250 mg), Garlic extract (bulb) (125 mg), Standardized to 0,2% alicin and 0,6% e alliin, Parsley(leaf) (50 mg)	60 CAPSULES DOSIS: 2 capsules daily.

DL DUO DOPHILUS Over 4 billion beneficial organisms	L.Acidophilus LA-142 Billion CFU L. Rhamnosus.....2 Billion CFU [Type B. Bifidus] HA-11 FOS (Fructooligosaccharides).....109 mg	100 CAPSULES DOSIS: 1 capsule daily.
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DIGESTIVE SYSTEM

G.I. DIGEST Supports digestion. Suitable for gluten intolerance	BioCore® Optimum Complete.....110 mg BioCore® DPP-IV.....100 mg	90 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS
LIVDETOX™ Liver detoxification	Vitamin B-3 (3.3 mg), Choline (205 mg), Inositol (50 mg), Lecithin (25 mg), Betaine (19 mg), Dandelion (leaf) (16.7 mg), Turmeric (root) (16.7 mg), Milk thistle (seed) (16.7 mg), Globe artichoke extract (leaf) (16.7 mg)	120 TABLETS DOSIS: 3 tablets daily. SUITABLE FOR VEGANS
MULTI-PROBIOTIC® 15000 Maintenance of intestinal flora. 15.000 CFU and 8 strains	Multi-Strain Lactic Ferments Blend(15000 CFU), containing: <i>L.acidophilus, L.rhamnosus B. lactis, B. longum, B. bifidum, L. gasseri, L. lactis, S.thermophilus</i> , Proprietary blend (210 mg), containing: FOS (160 mg), Slippery elk bark (50 mg)	60 CAPSULES DOSIS: 1 capsule daily.
MULTI-PROBIOTIC® 20000 Maintenance of intestinal flora. 20.000 CFU and 16 strains	Proprietary blend (20.000 CFU) yielding: <i>B. bifidum, B. breve, B. lactis (infantis), B. lactis HN019, B. longum, L. acidophilus, L. brevis, L.bulgaricus, L.casei, L.gasseri, L.parsacasei, L.plantarum, L.rhamnosus, L. salivarius, Thectococcus lactis and S.thermophilus</i> , Fructooligosaccharides (short chain) -NutraFlora® scFOS® (166.3 mg)	90 VEGETARIAN CAPSULES DOSIS: 2 capsules daily. May increase to 4 daily. SUITABLE FOR VEGANS

MULTI-PROBIOTIC® 4000 Maintenance of intestinal flora. 4.000 CFU and 7 strains	Multi-Strain Lactic Ferments Blend (4000 CFU) containing: <i>L.acidophilus, L.rhamnosus (LR-32) L.rhamnosus (type B, Bifidus), L.lactis, B.longum, B.bifidum, S.thermophilus</i> , Proprietary blend (210 mg), containing: FOS (160 mg), Slippery elk bark (50 mg)	100 CAPSULES DOSIS: 1 capsule daily.
NEW MULTI-PROBIOTIC® KIDS POWDER Probiotic for kids with 7 different strains	Proprietary Blend 8.000 million CFU, Fructooligosaccharides (short chain) (NutraFlora® scFOS®), <i>Bifidobacterium bifidum, Bifidobacterium lactis, Bifidobacterium lactis infantis, Bifidobacterium longum, Thectobacillus acidophilus, Thectobacillus paracasei, Thectobacillus rhamnosus</i>	PREPARED IN POWDER 60 G. DOSIS: 5 to 12 years: ½ teaspoon daily. 0 to 4 years: ¼ teaspoon daily. SUITABLE FOR VEGANS
VEGETARIAN ENZYMES Digestion of starches, proteins, fats and cellulose	Vegetarian Enzymes Concentrated.....225 mg Supplying: Amylase.....2100 DU Protease.....250 SAPU Lipase.....3000 LU Cellulase.....150 CU	60 TABLETS DOSIS: 1 to 2 tablets 3 times daily with meals. SUITABLE FOR VEGANS



NERVOUS SYSTEM

EXECUTIVE STRESS FORMULA™ Decreases the harmful effects of stress. Supports the function of the nerve system	Vitamins A, C, D-3, E, B-1, B-2, B-3, B-6, B-12, Beta-Carotene, Folic acid, Biotin, Pantothenic acid (B-5), Calcium, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Potassium, Executive Stress Proprietary Blend, PABA, Inositol, Choline, Boron, L-Aspartic Acid, Montmorillonite, Golden Seal extract.	120 TABLETS DOSIS: 4 tablets daily preferably with meals.
GABA 200 Mg. Natural relaxation	Gaba200 mg (Gamma-Aminobutyric acid)	120 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS
GRIFFONIA 500 Mg. Addresses emotional well-being	Griffonia extract (seed)500 mg Standardized to 10% 5-HTP50 mg	60 VEGETARIAN CAPSULES DOSIS: 2 capsules daily SUITABLE FOR VEGANS

NEUROSTONE® Supports mental agility and memory	Acetyl-L-Carnitine HCl (125 mg), Phosphatidylserine (12,5 mg), Ginkgo extract (leaf) (20 mg), DMAE (6,3 mg), Choline (37,5 mg), L-Glutamine (118,8 mg), L-Pyroglutamic Acid (62,5 mg), L-Tyrosine (58,8 mg) Siberian Ginseng extract (37,5 mg), Ashwagandha extract (37,5 mg), Docosahexaenoic Acid (10,5 mg), Lecithin (62,5 mg), Phosphatidylcholine (14,4 mg)	120 TABLETS DOSIS: 4 tablets daily SUITABLE FOR VEGANS
PHOSPHATIDYL SERINE Enhancement of memory and of cognitive functions	Phosphatidylserine.....100 mg	30 AND 60 CAPSULES DOSIS: 1 capsule daily.
PQQ PLUS Increases performance of mitochondria	BioPQQ™.....20 mg Alpha GFC.....50 mg	30 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS

NEW NEUROSED™ II Natural relaxing	Vit. B-1 (Thiamine Mononitrate, 20 mg), Vit. B-3 (Niacinamide, 50 mg), Pantothenic Ac. (as d-Calcium Pantothenate, 25 mg), Magnesium (from Magnesium Citrate/Oxide, 50 mg), L-Glutamic Acid (25 mg), Passionflower (100 mg), Valerian (100 mg), Hops (18.75 mg), Chamomile (18.75 mg)	60 TABLETS DOSIS: 2 tablets daily. SUITABLE FOR VEGANS
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IMMUNE SYSTEM

CANDISTAT™ Synergistic formula for protection against candida and fungi	Caprylic Acid.....70 mg Potassium Sorbate.....50 mg Pau D'Arco (bark).....50 mg Horse Radish (root).....13 mg Cloves (fruit)0,8 mg	90 TABLETS DOSIS: 1 tablet daily. SUITABLE FOR VEGANS
PECTA-SOL® Supports detoxification of heavy metals	Pecta-Sol®800mg (Modified Citrus Pectin)	90 CAPSULES DOSIS: 1 to 6 capsules 3 times daily.
QUERCIPLEX Supports immune self function and vascular health. Excellent antioxidant activity	Quercetin.....300 mg Bromelain.....100 mg	50 CAPSULES DOSIS: 1 capsule daily.

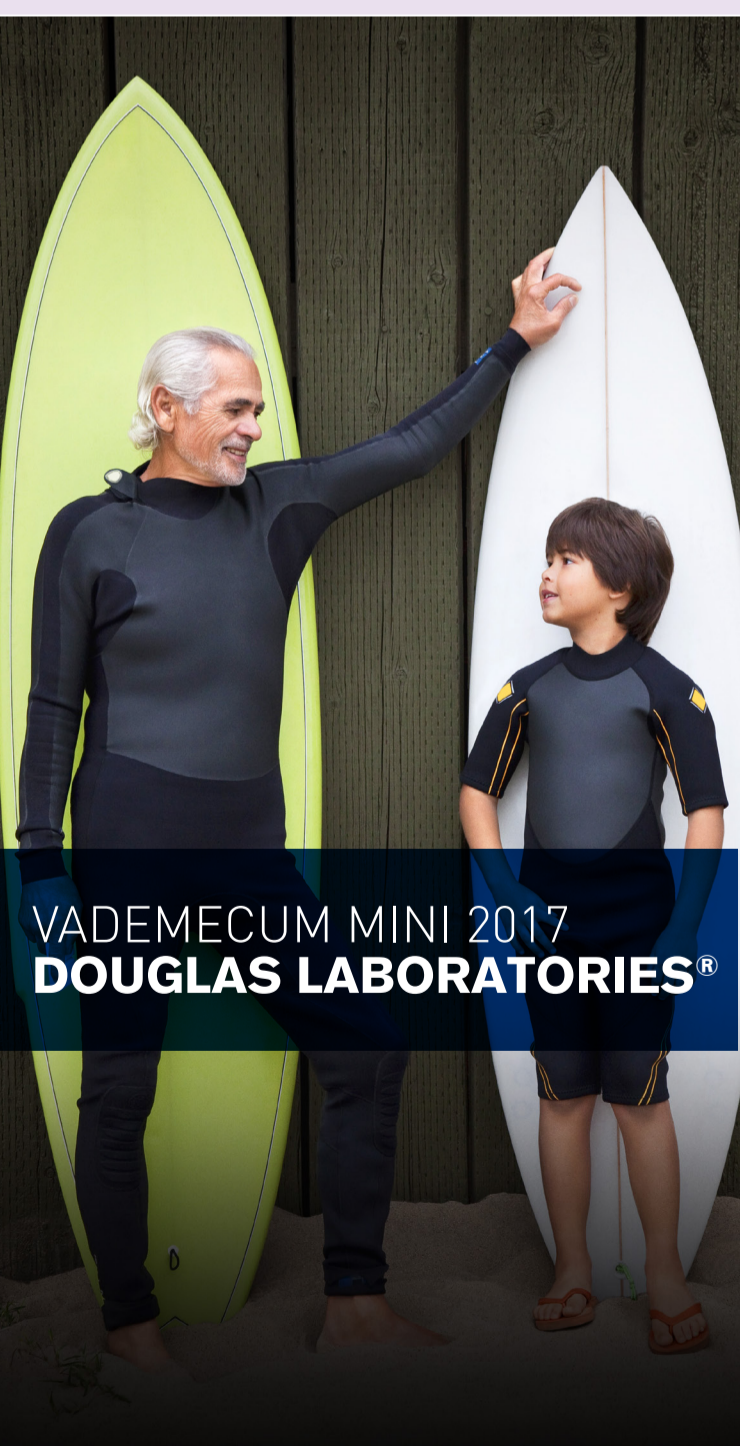
VADEMECUM MINI 2017 DOUGLAS LABORATORIES®



DOUGLAS LABORATORIES® PUSHING POTENTIAL.
Founded in 1955 by Sam Lioon, **Douglas Laboratories®** is the pioneer brand of ISO compliant GMP supplements and continues to lead its development with clinical trials designed to validate the effectiveness of its products. **Douglas Laboratories®** belongs to **Atrium Innovations**, the international innovative leader in the development, manufacturing and commercialization of science based nutritional health products.

RESEARCH. A FIRM COMMITMENT.
As an industry leader, we believe it is our responsibility to pioneer new research that will lead to a better understanding of key health conditions and to identify nutritional strategies to help patients achieve and maintain better health. **Douglas Laboratories®** is committed to advancing nutrition science through our comprehensive Applied Clinical and Investigator-Initiated Research programs, in which our products are studied in clinical trials at top institutions.

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VADEMECUM MINI 2017 DOUGLAS LABORATORIES®



ESSENTIALS

GLUTATHIONE PLUS™ Endogenous Antioxidant	Vitamin C.....10 mg (as Ascorbic Acid) Glutathione (reduced).....50 mg N-Acetyl-L-Cysteine.....440 mg	60 CAPSULES DOSIS: 1 capsule daily between meals.
RESVERATROL Powerful antioxidant	Resveratrol (Resvida®)200 mg (as trans-resveratrol)	30 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS
S.O.D. 2000 UMF Protection against aging: brains, joints and heart	Superoxide Dismutase2000 M.F.U.	100 CAPSULES DOSIS: 1 capsule daily.
ULTRA ANTI-OXIDANT Powerful antioxidant formula. Stimulates immune system, prevention of ageing	Beta-carotene, Vitamins C, E, B-1, B-2, B-3, B-6, Pantothenic acid(B-5), Zinc, Selenium, Citrus Bioflavonoid complex, Hesperidin, Rutin, Pycnogenol®, Inositol, Choline, L-Glutathione (reduced), N-Acetyl-L-Cysteine, Dimethylglycine, Wheat Sprouts	90 CAPSULES DOSIS: 3 capsules daily (one with each meal).
ULTRA PREVENTIVE® EZ Multivitamin with fruit and vegetables of organic cultivation. Easy to swallow	Vitamins A, C, D-3, E, B-1, B-2, B-3, B-6, B-12, Folate, Beta-carotene, Biotin, Pantothenic acid (B-5), Calcium, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Potassium, Lutein, Lycopene, Zeaxanthin, Other minerals, nutrients and trace elements, Amino acids and Enzymes, Bioflavonoids and Proanthocyanidins, vegetables, fruit and herbs	120 TABLETS DOSIS: 4 tablets daily.
ULTRA PREVENTIVE® III Complete formula with vitamins and minerals to support optimal well-being and health	Vitamins A, C, D-3, E, B-1, B-2, B-3, B-6, B-12, Beta-carotene, Folate, Biotin, Pantothenic acid(B-5), Calcium, Iodine, Magnesium, Zinc, Selenium, Manganese, Chromium, Molybdenum, Potassium, Choline, Inositol, Citrus Bioflavonoid complex, PABA, Boron, N-Acetyl-L-Cysteine, Acid L-Aspartic, L-Cysteine HCl, L-Glutamic Acid HCl, Betaine HCl	180 TABLETS DOSIS: 3 tablets daily.
ULTRA PREVENTIVE® X The more complete multivitamin with fruit	Vitamins A, C, D-3, E, B-1, B-2, B-3, B-6, B-12, Beta-carotene, Folate, Biotin, Pantothenic Acid, Calcium, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Potassium, Lutein, Lycopene, Zeaxanthin, Other minerals, nutrients and trace	120 AND 240 TABLETS DOSIS: 4 tablets daily.
ULTRA PREVENTIVE® BETA (EASY SWALLOW) With the adequate proportions of vitamins, minerals and trace elements	Vitamins C, D-3, E, B-1, B-2, B-3, B-6, B-12, Beta-carotene, biotin, Pantothenic Acid, Folate, Calcium, Iodine, Magnesium, Zinc, Selenium, Manganese, Chromium, Molybdenum, Potassium, Choline, N-Acetyl-L-Cysteine, Inositol, Citrus Bioflavonoid Complex, L-Glutamic Acid HCl, Betaine HCl, L-Cysteine	180 TABLETS DOSIS: 3 tablets daily.



NUTRICOSMETIC

COLLAGEN FORTE With ingredients that stimulate collagen synthesis	Vitamin C (as Ascorbic Acid)400 mg L-Lysine HCl200 mg L-Proline.....50 mg L-Threonine5 mg	300 CAPSULES DOSIS: 5 capsules daily.
ULTRA G.L.A. Concentrated borage oil. Improves dry skin	Vitamin E (1.2 mg [2IU]), Borage oil providing: Gamma Linolenic Acid (GLA) (258 mg), Linoleic Acid (LA) (463 mg), Oleic Acid (OA) (245 mg), Stearic Acid (56 mg), Hexadecenoic Acid (2.2 mg), Palmitic Acid (143 mg), Icosenoic Acid (56 mg), Docosenoic Acid (34 mg), Tetracosenoic Acid (20 mg)	60 SOFTGELS DOSIS: 1 softgel daily.
ULTRA HNS Hair, skin and nail care with solubilized keratin	Vitamin C.....83,3 mg Folic Acid (Metafolin®).....66,7 mcg Biotin.....833,3 mcg Zinc.....8,3 mg Cynatine® HNS.....166,66 mg PABA25 mg Citrus Bioflavonoid Complex.....25 mg	90 VEGETARIAN CAPSULES DOSIS: 3 capsules daily.



VITAMINS, MINERALS AND AMINOACIDS

ACETYL L-CARNITINE Intense workout. Performance improvement	Acetyl L-Carnitin.....500 mg	60 CAPSULES DOSIS: 1 capsule daily between meals. SUITABLE FOR VEGANS	FERRONYL® WITH VITAMIN C Bioavailable iron formula and a synergistic combination of vitamins. Suitable for anemia	Vitamin C (100 mg), Vitamin E (10 mg [15 IU]), Vitamin B-1 (2.5 mg), Vitamin B-2 (4 mg), Vitamin B-3 (15 mg), Vitamin B-6 (11.6 mg), Folic Acid (50 mcg), Vitamin B-12 (25 mcg), Pantothenic Acid [Vit. B-5] (12.5 mg), Iron [Iron Carbonyl, 27 mg], Choline (6 mg), L-Glycine (100 mg)	60 TABLETS DOSIS: 2 tablets daily.	MAGNESIUM OXIDE Plays an essential role in wide range of fundamental cellular functions and biosynthetic processes	Magnesium290 mg (from Magnesium Oxide)	100 CAPSULES DOSIS: 1 capsule daily.	NATURAL C 1000 Mg Vitamin C with rose hips and citrus bioflavonoids	Vitamin C1000 mg (as Ascorbic Acid) Rose hips [hops] [Rosa Canina]50 mg Citrus Bioflavonoid complex100 mg	100 AND 250 TABLETS DOSIS: 1 tablet daily. SUITABLE FOR VEGANS
AMINO GRAM FORTE™ PLUS Balanced amino acids formula. General sports performance and health improvement	Hydrolyzed Milk Protein1250 mg providing: L-Lysine, L-Histidine, L-Arginine, L-Aspartic Acid, L-Threonine, L-Serine, L-Glutamic Acid, L-Proline, L-Alanine, L-Valine, L-Methionine, L-Isoleucine, L-Tyrosine, L-Leucine, L-Phenylalanine, L-Tryptophan, L-Cysteine, L-Cystine and L-Glycine	100 TABLETS DOSIS: 1 tablet daily after activity or at bedtime.	L-ARGININE 500 Mg AND 700 Mg Improves the dilation of blood vessels	L-Arginine 500 mg. L-Arginine500 mg L-Arginine 700 mg. L-Arginine700 mg	60 CAPS. (500 Mg) 100 CAPS. (700 Mg) DOSIS: 1 capsule daily between meals.	MAGNESIUM TAURATE Contributes to healthy cardiovascular function and supports attention	Magnesium100 mg (from Magnesium Taurate)	120 TABLETS DOSIS: 2 to 4 tablets daily. SUITABLE FOR VEGANS	NIACINAMIDE-500 Mg Supports healthy skin and joints and proper glucose metabolism	Vitamin B-3500 mg (as Niacinamide)	100 CAPSULES DOSIS: 1 capsule daily.
ASCORBPLEX® 1000 (BUFFERED) 100% 100% non-acid Vitamin C	Vitamin C1000 mg Calcium90 mg Citrus Pectin63 mg Citrus Bioflavonoid complex63 mg	180 TABLETS DOSIS: 1 tablet daily with meals. SUITABLE FOR VEGANS	L-CARNOSINE 500 Mg Protection of fibroblasts and telomeres; antiaging effect	L-Carnosine500 mg	30 CAPSULES DOSIS: 1 capsule daily between meals.	METHYL B12 PLUS Neuronal and cardiovascular protection. Dissolves in the mouth	Vitamin B-121000 mcg (as Methyl Cobalamin) Folate400 mcg (as Calcium L-Methylfolate, Metafolin®)	90 TABLETS DOSIS: 1 tablet daily.	NUTRI E-400™ FORTE Vitamin E antioxidant. Beneficial effects in anemia, hypercholesterolemia, liver disease	Vitamin E268mg (400 IU) (as d-Alpha Tocopherol) with mixed tocopherols32 mg providing: d-Alpha Tocopherol4.9 mg d-Gamma Tocopherol18 mg d-Beta Tocopherol0.9 mg d-Delta Tocopherols7.7 mg	60 SOFTGELS DOSIS: 1 softgel daily.
C/LYSINE PLUS Provides significant amounts of Vitamins C and L-Lysine in capsule form	Vitamin C (as Ascorbic Acid)500 mg L-Lysine HCl250 mg Citrus Bioflavonoid complex5 mg	120 VEGETARIAN CAPSULES DOSIS: 4 capsule daily. SUITABLE FOR VEGANS	L-GLUTAMINE 500 Mg Strengthens the musculature and intestinal wall. Formula in capsules	L-Glutamine500 mg	60 CAPSULES DOSIS: 1 capsule daily between meals.	METHYL FOLATE 1000 Mcg, METAFOLIN® Active form of folic acid. Greater efficiency	Folate1000 mcg (as Calcium-L-Methylfolate, Metafolin®)	60 TABLETS DOSIS: 1 tablet daily. SUITABLE FOR VEGANS	OPTI-SEL To keep hair and nails strong. Protects against the effects of pollution and UV radiation. Supports thyroid and sperm production	Selenium200 mg (from Sodium Selenite)	100 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS
CAL/MAG PLUS Supports bone formation and is good for the muscles	Calcium150 mg (from Calcium Bisglycinate) Magnesium100 mg (from Magnesium Bisglycinate)	180 TABLETS DOSIS: 3 tablets daily.	L-LYSINE 500 Mg Supports the immune system	L-Lysine500 mg	100 CAPSULES DOSIS: 1 capsule daily between meals.	METHYLCOBALAMIN LIQUID High dose of bioavailable Vitamin B12. Supports homocysteine metabolism	Vitamin B-121000 mcg (as methyl Cobalamin)	30ML DOSIS: 1 dropper (1 ml) daily. SUITABLE FOR VEGANS	PANTOTHENIC ACID 500 Mg Contributes to the reduction of tiredness and fatigue	Pantothenic Acid [Vit. B-5]500 mg Calcium40 mg (from d-Calcium Pantothenate)	100 CAPSULES DOSIS: 1 capsule daily.
CALCIUM CITRATE (250 Mg CALCIUM) Supports a strong bone structure	Calcium250 mg (from Calcium Citrate)	100 AND 250 TABLETS DOSIS: 1 tablet daily with meals. SUITABLE FOR VEGANS	L-ORNITHINE 500 Mg Elimination of urea	L-Ornithine HCl500 mg	60 CAPSULES DOSIS: 1 capsule daily between meals.	MINERAL PLUS Mineral formula for strong bone health	Vitamin D-3 (10 mcg[400 IU]), Calcium (500 mg), Iodine (Kelp, 50 mcg), Magnesium (250 mg), Iron (10 mg), Zinc (10 mg), Selenium (25 mcg), Copper (500 mcg), Manganese (5 mg), Chromium (50 mcg), Potassium (50 mg), L-Glutamic Acid (50 mg)	60 TABLETS DOSIS: 2 tablets daily. As of 11 years.	PYRIDOXAL-5-PHOSPHATE Vitamin B6 in its active form. Maintenance of normal neurological function. Supports cardiovascular and immune system	Pyridoxal-5-phosphate50 mg yielding: Vitamin B-633.5 mg	100 CAPSULES DOSIS: 1 capsule daily.
CHOLINE BITARTRATE Supports brain and liver function and hearth and vascular system	Choline235 mg (from Choline Bitartrate)	100 CAPSULES DOSIS: 1 capsule daily.	L-TYROSINE 500 Mg Supports proper functioning of the thyroid gland and the synthesis of neurotransmitters	L-Tyrosine500 mg	100 CAPSULES DOSIS: 1 capsule daily between meals.	MOLYBDENUM 500 Mcg Participates in the metabolism of uric acid and sulfur.	Molybdenum500 mcg (from Sodium Molybdate)	60 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS	SELENO METHIONINE 200 Mcg Bioavailable selenium. Antioxidant. Maintenance of liver and cardiovascular function	Selenium200 mcg (from Seleno-Methionine)	100 CAPSULES DOSIS: 1 capsule daily.
C-MAX VITAMIN C 1500 Mg Prolonged Vitamin C release	Vitamin C1500 mg Rose Hips (hops)50 mg Citrus Bioflavonoid complex150 mg	90 TABLETS DOSIS: 1 tablet daily. SUITABLE FOR VEGANS	MAGNESIUM CITRATE Contributes to heart health and supports a healthy blood pressure	Magnesium150 mg (from Magnesium Citrate)	90 VEGETARIAN CAPSULES DOSIS: 1 capsule 1 to 3 times daily. SUITABLE FOR VEGANS	MSM CAPSULES (FUNDAMENTAL SULFUR) Bioavailable sulfur compound. Enhances the body's endogenous antioxidant production capacity	Methylsulfonylmethane(MSM)750 mg	90 CAPSULES DOSIS: 1 capsule daily.	STRESS-B-PLUSTM VITAMINS B COMPLEX Formula for stress with group of B vitamins	Vitamin B-1 (45 mg), Vitamin B-2 (55 mg), Vitamin B-3 (200 mg), Vitamin B-6 (47 mg), Folic Acid (400 mcg), Vitamin B-12 (100 mcg), Biotin (200 mcg), Pantothenic Acid [Vit. B-5] (55 mg), PABA (55 mg), Inositol (55 mg), Choline (26 mg)	90 TABLETS DOSIS: 1 tablet daily. SUITABLE FOR VEGANS
ESTER C® PLUS Non-acid Vitamin C with additional antioxidants	Vitamin C (from Ester-C®)533 mg Pycnogenol®3 mg Rutin50 mg Citrus Bioflavonoid complex50 mg Quercetin1.8 mg Echinacea [root]2 mg Beta-carotene0.4 mg	100 CAPSULES DOSIS: 1 capsule daily.	MAGNESIUM GLYCINATE More bioavailable and absorbable form of magnesium. Improves blood pressure	Magnesium100 mg (from Magnesium Glycinate)	120 TABLETS DOSIS: 1 tablet 1 to 2 times daily with meals. SUITABLE FOR VEGANS	N-ACETYL-L-CYSTEINE 500 Mg A valuable precursor of Glutathione. Antioxidant properties	N-Acetyl-L-Cysteine500 mg	90 VEGETARIAN CAPSULES DOSIS: 1 capsule daily between meals.	TAURINE 500 Mg Osmotic regulation. Regulates blood pressure and nervous system activity. Improves contractile ability (heart and muscle) and supports attention	Taurine500 mg	100 VEGETARIAN CAPSULES DOSIS: 1 to 3 capsules daily outside meals. SUITABLE FOR VEGANS



CARDIOVASCULAR AND METABOLISM



HORMONAL SYSTEM

B-COMPLEX WITH METAFOLIN® AND INTRINSIC FACTOR Active and easily absorbable B vitamins	Vitamin B-1 (44 mg), Vitamin B-2 (20 mg), Vitamin B-3(50 mg), Vitamin B-6 (14 mg), Folate (as Calcium L-Methylfolate, Metafolin®) (400 mcg), Vitamin B-12 (500 mcg), Biotin (300 mcg), Pantothenic Acid [Vit. B-5] (50 mg), Intrinsic Factor (from porcine) (20 mg)	60 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS	HOMOCYSTROL® + TMG REVISED Controls homocysteine levels	Vit. B-2 (16.7 mg), Vit. B-6 (12.3 mg), Folate (Metafolin®, 266.7 mcg), Vit. B-12 (333.3mcg), Magnesium (from Magnesium Bisglycinate) (16.7 mg), Trimethylglycine (Betaine) (263.3), Choline (from Choline Bitartrate) (50 mg)	90 VEGETARIAN CAPSULES DOSIS: 3 capsules daily. SUITABLE FOR VEGANS	ADRENPLUS-300 Supports energy and immunity	Vitamin A (750 mcg [2500 IU]), Vitamin C (150 mg), Vitamin B-1 (1.25 mg), Vitamin B-2 (0.75 mg), Vitamin B-6 (20 mg), Pantothenic Acid [Vit. B-5] (30 mg), Zinc (7.5 mg), Adrenal Concentrate (150 mg), Spleen Concentrate (25 mg)	120 CAPSULES DOSIS: 1 capsule daily.	VITAMIN A 4000 I.U. Supports the immune system and eye functioning	Vitamin A1200 mcg (4000 IU) (as Retinyl Acetate)	100 VEGETARIAN CAPSULES DOSIS: 1 capsule daily.
NEW BERBERINE BALANCE Helps to reduce glucose and cholesterol levels	Berberine HCl (from de Berberis aristata extract [root]) (500 mg), Alpha Lipoic Acid (50 mg), Grape Seed Extract (unbroken grapeseed) [Vitis vinifera] Standardized to 95% polyphenols (50 mg)	60 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS	L-CARNITINE Supports heart and skeletal muscle function.	L-Carnitine250 mg	60 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS	DIM® ENHANCED WITH CURCUMIN, GREEN THEE AND WASABIA I-3-C active form. Regulates estrogen metabolism	Green Thee extract [leaf]200 mg Bioresponse DIM®125 mg Meriva® Curcumin Phytosome125 mg Sawa™ Wasabia extract50 mg	30 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS	VITAMIN D 1000 I.U. Bone support and dental health.	Vitamin D-325 mcg (1000 IU) (as Cholecalciferol)	100 TABLETS DOSIS: 1 tablet daily. SUITABLE FOR VEGANS
CARDIO EDGE Supports cardiovascular health and normal cholesterol metabolism	Plant Sterols (Phytosterols)720 mg Mix of Mandarin Orange extract [fruit]300 mg and Palm Oil Tocotrienols Standardized to 28% polymethoxylated flavones and 3% tocotrienols Pomegranate extract [fruit]100 mg Standardized to 40% ellagic acid	120 VEGETARIAN CAPSULES DOSIS: 2 capsules daily with meals. SUITABLE FOR VEGANS	LIPOIC ACID 100 Mg Antioxidant and glucose control	Alpha Lipoic Acid100 mg	60 CAPSULES DOSIS: 1 capsule 1 to 2 times daily.	LYCOPENE Powerful antioxidant that protects cells from oxidative damage	Lycopene5 mg	90 SOFTGELS DOSIS: 1 to 2 softgels daily.	VITAMIN D3 1000 I.U. LIQUID Bone support and dental health in liquid form. Contributes to healthy immune function	Vitamin D-325 mcg (1000 IU) (as Cholecalciferol)	15 ml DOSIS: 1 drop (0,03 ml) daily.
NEW CHROMIUM PICOLINATE Helps insulin transportation	Chromium250 mcg (from Chromium Picolinate)	60 CAPSULES DOSIS: 1 capsule daily.	OPTI-EPA ENTERIC COATED Omega-3 offering cardiovascular support	Ultra Refined Fish Oil Concentrate908 mg yielding: EPA (Eicosapentaenoic Acid)330 mg DHA (Docosahexaenoic Acid)170 mg	60 SOFTGELS DOSIS: 2 softgels daily.	SAW PALMETTO MAX-V Supports healthy prostate function	Saw Palmetto extract320 mg (fruits) (Serenoa repens). Standardized to 25% fatty acids. Saw Palmetto (dried fruit)200 mg (Serenoa repens)	60 VEGETARIAN CAPSULES DOSIS: 1 capsule twice daily. SUITABLE FOR VEGANS	VITAMIN K2 Supports blood coagulation as well as bone and cardiovascular health	Vitamin K290 mcg (as Menaquinone-7)	60 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS
CITRUS Q10™ 100 Mg Chewable coenzyme Q10 with delicious citrus flavor	Coenzyme Q10100 mg	60 TABLETS DOSIS: 1 tablet daily. SUITABLE FOR VEGANS	PTEROSTILBENE SUPREME Methylated Resveratrol. Greater effectiveness	Vitamin D-325mcg (1000 IU) Broccoli extract (BroccoPhana™)50 mg Meriva® Curcumin Phytosome50 mg Pomegranate [fruit]50 mg Pterostilbene [pTeroPure™]50 mg Resveratrol[Resvida®]100 mg Wasabi extract (rhizome)50 mg	30 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS	NEW THYROIDNORM For optimal function of the thyroid gland	Vitamin A (1249 UI [37 mcg]), Vitamin C (80 mg), Vitamin D-3 (100 UI) [2,5 mcg]), Iodo (Kelp) (75 mcg), Zinc (10 mg), Selenium (100 mcg), L-Tyrosine (250 mg), Ashwagandha extract (200 mg), Cabbage extract (50 mg), Tumeric extract (50 mg), Guggul extract (75 mg)	120 VEGETARIAN CAPSULES DOSIS: 2 capsules daily. SUITABLE FOR VEGANS	ZINC LOZENGES Supports immune system as well as reproduction and healthy skin	Zinc (from Zinc Citrate)30 mg	100 LOZENGES DOSIS: 1 to 3 lozenges daily.
DEPA Supports the regulation of normal blood lipoprotein and cholesterol levels	Marine Lipid Triglycerides1000 mg yielding : - EPA (Eicosapentaenoic Acid)180 mg - DHA (Docosahexaenoic Acid)120 mg Total Omega-3 Fatty Acids300 mg	100 SOFTGELS DOSIS: 1 softgel daily.	QUÉLL FISH OIL HIGH EPA/DHA + VIT. D3 Omega 3 EPA and DHA with Vit. D-3	Vitamin D-325 mcg (1000 IU) Omega-3 supercritical CO2 tryglicerides concentrate1250 mg Providing: - EPA (Eicosapentaenoic Acid)600 mg - DHA (Docosahexaenoic Acid)400 mg	60 SOFTGELS DOSIS: 1 softgel daily				ZINC PICOLINATE Zinc in organic form. Maintenance of skin and eye tissue	Zinc (from Zinc Picolinate)30 mg	100 VEGETARIAN CAPSULES DOSIS: 1 capsule daily. SUITABLE FOR VEGANS
EPA/DHA 500 Supports healthy heart functions	Marine Lipid Triglycerides1000 mg yielding : - EPA (Eicosapentaenoic Acid)300 mg - DHA (Docosahexaenoic Acid)200 mg	60 SOFTGELS DOSIS: 1 softgel daily.	UBIQUINOL-QH Active form of Coenzyme Q10. Greater effectiveness	Vitamin E6.7 mg (10 IU) (as d-Alpha Tocopheryl Acetate) Ubiquinol100 mg (Kaneka-QHTM -reduced form of Coenzyme Q10)	30 SOFTGELS DOSIS: 1 softgel daily.						
									VISION		
FLAX SEED OIL Rich in Omega 3, 6 and 9	Omega-3 (as Alpha-Linolenic Acid)550 mg Omega-6 (as Linoleic Acid)136 mg Omega-9 (as Oleic Acid)160 mg	100 SOFTGELS DOSIS: 1 softgel daily.							LUTEIN Vision support	Vitamin E (as mixed Tocopherols)0,7 mg (1 IU) Lutein6 mg Zeaxanthin300 mcg	90 SOFTGELS DOSIS: 1 to 2 softgels daily.
									OPTI-DHA™ ENTERIC COATED Contributes to visual development and normal eye function	Vitamin E (as d-Alpha Tocopherol)1 mg (1,5 IU) Marine Lipid Triglycerides500 mg yielding : - EPA (Eicosapentaenoic Acid)75 mg - DHA (Docosahexaenoic Acid)225 mg	60 SOFTGELS DOSIS: 2 softgels daily.